

PARAY SCHOOL OF NURSING



2025-2026

PROSPECTUS



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 Paray School of Nursing

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VISION

Paray School of Nursing will be leaders in providing transformative, evidence-based contextually relevant nursing education in Lesotho.

MISSION STATEMENT

Paray School of Nursing is a Roman Catholic Institution training Nurses who are self directed, life-long learners who provide evidence-based nursing care.

NURSING PHILOSOPHY

We believe that individuals have a right to train as nurses, irrespective of their age, gender, race, religion and social status. To obtain quality evidence based relevant training that adequately equips learners for ethical, legal and independent practice that meets the changing health needs of the community for improved health outcomes.

PHILOSOPHY

We believe that individuals have a right to train as nurses irrespective of their age, gender, race, religion, and social status. To obtain quality evidence based relevant training that adequately equips learners for ethico- legal and independent practice that meets the changing health needs of the community for improved health outcomes.

GOAL

To produce competent nurses that will deliver quality health care services in different settings.

HISTORICAL BACKGROUND

The 1970's

Paray School of Nursing is established in 1977 with the main objective of training Nursing Assistants who are to provide health care services to the communities of the remote mountainous regions of Lesotho. Only female students from within Thaba-Tseka are recruited for training. The curriculum being implemented is an LNC approved content based curriculum. The length of training is one year.

The 1980's

Recruitment of students is expanded to include female students from the lowlands. Curriculum review increases the length of the training program to 18 months

The 1990's

The first male students are recruited in June 1999.

2000

The curriculum for the Certificate in Nursing Assistant is reviewed in the year 2000. The review increases the period of training of the Certificate in Nursing Assistant to 2years.

2008

The Lesotho Nursing Council (LNC) approves the school to offer the Diploma in General Nursing, now Diploma in Nursing. The Diploma in General Nursing first intake starts in July 2009 with twenty pioneer students

2013

The Certificate in Nursing Assistant is reviewed to a Competence Based Curriculum and is offered for 15 months.

2014

The Diploma Midwifery programme is introduced in August with an intake of seventeen (17) pioneer students

2015

Diploma in General Nursing is reviewed and changes to be Diploma in Nursing

2016

110 graduates are conferred Certificates and Diplomas in their various programmes. This is the largest number of graduates in one ceremony since the inception.

2017

Diploma in Nursing and Diploma in Midwifery are accredited by Council on Higher Education. (CHE) for five years. Diploma in Nursing is reviewed to a Competency Based Curriculum with an intake of 21 students.

2018

Paray School of Nursing academic Senate is constituted with 11 senators. The body oversees the academic activities and assessments in the school.

2019

Ten year anniversary for the Diploma in Nursing programme

2021

The first cohort in the Competency Based Curriculum in Nursing graduates in collaboration with University of Free State

2024

Certificate, Nursing and Midwifery Programs obtains full accreditation from the Council on Higher Education (CHE).

INSTITUTIONAL LEADERSHIP



**Principal Nurse Educator: Dr F. Muzeya, RN, B Sc. (Hons) Nursing (UZ),
MPH (UNISA), FAIMER Fellow, PhD (UW)**



**Deputy-Principal Nurse Educator: Sr. A. Motsilili, RN (Paray SON), RM
(Roma CON), BSc.N (SMU), MScN-Ed (UJ) (c)**

TEACHING AND LEARNING PLATFORMS

Paray SON utilises **24** Primary Health Care Centres and **9** hospital facilities to provide nursing and midwifery students with valuable learning opportunities. The school has agreed to use several clinical facilities in Thaba-Tseka, Maseru, Leribe, and Mokhotlong districts to afford students with diverse learning experiences. Students will be placed in more than one facility throughout training in order to meet the required competencies.

<u>Hospitals</u>	<u>Primary health care settings</u>
Botha-Bothe Government Hospital	Health Division – Thaba-Tseka
Mamohau Mission Hospital	Khohlo –Nt’so Health Centre
Mohlomi Psychiatric Hospital	Sehong-hong Health Centre
Mokhotlong Government Hospital	Mohlanapeng Health Centre
Motebang Government Hospital	Mokoto Health Centre
Paray Mission Hospital	Bobete Health Centre
Queen ‘Mamohato Memorial Hospital	St. Theresa Clinic (Mashai)
Seboche Mission Hospital	Auray Health Centre
St. James Mission Hospital Mants`onyane	Marakabei Health Centre
	Mohale Health Centre
	Sankatane Health Centre
	Holy Trinity Health Centre
	Louis Gerald Health Centre
	Maryland Health Centre
	Mositi Health Centre
	Seshote Health Centre
	Pointmain Health Centre
	St Rose Health Centre (Peka)

	St-Paul Health Centre
	St-Peters Health Centre (Botha-Bothe)
	Little Flower Health Centre
	St Monicas Health Centre
	Baylor College of Medicine Children's Foundation Lesotho
	Lesotho Planned Parenthood Association (LPPA)

Community Based Learning

The school has engaged with communities of Thaba-Tseka to offer students authentic experiential learning opportunities. Students from all programmes are placed in these communities in order to achieve the community related outcomes and expand the learning environment for students.

ACADEMIC AND RESEARCH LINKAGES

Christian Health Association of Lesotho (CHAL)

Foundation for the Advancement in International Medical Education and Research – Sub Saharan Institute (SAFRI)

Southern African Association of Health Educationalists SAAHE

Association for Health Professions Education and Leadership (AHPEL)

Lesotho Nurses' Association (LNA)

Lesotho Nursing Council (LNC)

National Manpower Development Secretariat (NMDS)

National University of Lesotho – Faculty of Health Sciences(NUL)

Botho University (BU)

University of the Free State (UFS)

University of Stellenbosch

University of Cape Town

African Medical and Research Foundation (AMREF)

Maluti Adventist College

National Health Training College

Roma College of Nursing

Scott College of Nursing

Henrietta Stockdale College of Nursing (SA)

APPLICATION PROCEDURE

Application forms together with prospectus will be available from:

- a) Paray School of Nursing Campus from the 3rd of March 2025
- b) Download the application form on the school website www.parayson.ac.ls and submit the filled form to CHAL offices Maseru or Paray School of Nursing.
- c) You can apply online from the institution and CHAL websites. Read the instruction carefully before initiating application process.

Prospective students are expected to complete every section of the application form. The application form attached with **ALL** the necessary documents should be submitted to Paray School of Nursing or CHAL offices Maseru on or before the 31st March 2025.

A non refundable application fee of **M350.00** for Basotho, **M450.00** for non Basotho, and **M600.00** for transferring in students should be deposited in the school bank account.

BANK ACCOUNT HOLDER: PARAY SCHOOL OF NURSING

ACCOUNT HOLDER'S ADDRESS:

P.O.BOX 02, THABA-TSEKA 550 LESOTHO

BANK ACCOUNT: 9080002551191

BRANCH: THABA – TSEKA

BRANCH CODE: 062 767

SWIFT CODE AND BIC: SBICLSMX

BANK NAME: STANDARD LESOTHO BANK

DURATION OF STUDY

Certificate in Nursing Assistant (**15 months**)

Diploma in Nursing (**3 Years**)

Diploma in Midwifery (**1 year**)

ENTRY REQUIREMENTS

CERTIFICATE IN NURSING ASSISTANT

The applicant must possess LGCSE/COSC or equivalent. Foreign acquired qualifications should be evaluated by the Examinations Council of Lesotho (ECOL) before submission.

LGCSE/COSC

A candidate must have passed a minimum of **six (6)** subjects, which must include:

- a **D** or better in English language
- a **D** or better in Mathematics
- a **D** or better in Physics/Chemistry/ Biology
- a **D** or better in any other **three (3)** subjects

Working experience as a ward attended is an added advantage.

WHAT CAN I DO WITH MY CERTIFICATE IN NURSING ASSISTANT?

Obtaining a certificate in nursing assistant means being part of a multi-professional team of healthcare workers dedicated to rendering health services in diverse settings. The modules are structured according to the core functions of nursing: preventive, promotive, curative, and rehabilitative. The course requires full-time study for one year and three months.

Upon completing your certificate in nursing, you can work in various healthcare settings such as hospitals, clinics in the community and care homes. A certificate in nursing graduate can progress to a diploma in nursing nationally or internationally.

DIPLOMA IN NURSING

The applicant must possess LGCSE/COSC or its equivalent. Foreign acquired qualifications should be evaluated by the Examinations Council of Lesotho (ECOL) before submission.

A candidate must have passed a minimum of **six (6)** subjects, which must include:

- a **D** or better in Mathematics
- a **D** or better in English language
- a **C** or better in Physics/Chemistry
- a **C** or better in Biology
- a **C** or better in any other **two (2)** subjects

OR

Certificate in Nursing Assistant passed with merit /Distinction and a minimum of 5 passed subjects at COSC/LGCSE

Working experience as a Nursing Assistant is an added advantage

WHAT CAN I DO WITH MY DIPLOMA IN NURSING?

Obtaining a nursing qualification means being part of a multi-professional team of healthcare workers dedicated to rendering health services in diverse settings. Diploma in Nursing trains you to offer care to people with various illnesses. The modules are structured according to the core functions of nursing: preventive, promotive, curative, and rehabilitative. The course requires full-time study for three years.

Upon completing your diploma, you can work in various healthcare settings, such as hospitals and clinics in the community or run a private nursing practice. The higher education fraternity, nationally and internationally, offers a wide variety of opportunities for you to progress in your journey for higher educational qualifications. A diploma in nursing graduate can choose the following fields of nursing specialization after completion:

- Trauma Nursing
- Theatre Nursing
- Community Nursing
- Psychiatric Nursing
- Midwifery
- Paediatric Nursing
- Neonatal Nursing
- Nursing Management
- Nursing Education
- Occupational Health Nursing

- Anaesthesia
- Ophthalmic Nursing
- Critical Care Nursing

DIPLOMA IN MIDWIFERY

- Diploma in Nursing and registration certificate with LNC

OR

- Diploma in Nursing second year transcript pending final results

WHAT CAN I DO WITH MY DIPLOMA IN MIDWIFERY?

Obtaining a midwifery qualification means being part of a healthcare providing midwifery and obstetric services to clients in diverse settings. A diploma in Midwifery trains you to offer prenatal, antenatal, intrapartum, neonatal, and postnatal care according to clients' needs. The course requires full-time study for one year.

Upon completing your diploma, you can work in various healthcare settings, such as hospitals and clinics in the community or run a private practice. A diploma in midwifery graduate can also advance in the following fields of specialisation after completion:

- Advanced Diploma in Midwifery
- Post-graduate Diploma in Neonatology
- Masters' Degree in Midwifery

TRANSFER IN APPLICANTS

- Application letter specifying reasons for transferring into Paray School of Nursing.
- Recommendation letter from the Principal Nurse Educator/Rector of previous School of Nursing.
- Transcript of previous academic year
- Completed application form
- Application fee of **M600.00**

SELECTION PROCEDURE

Short listing: Short-listing of candidates will be done on merit. Interviews for short-listed candidates will be conducted in April 2025 at Paray School of Nursing campus.

Final selection for admission: The academic results and the performance of the prospective students in the interview will be part of the criteria used for final selection. The recommendations of the Admissions Committee of Paray School of Nursing will be final.

Only successful candidates will be communicated to through the school website, school Facebook page and telephonically.

COMMENCEMENT OF TRAINING

Note that once admission is complete, the Certificate in Nursing Assistant and the Diploma in Nursing will commence in July 2025. Diploma in Midwifery programme will commence in June 2025.

FEES

ITEM	Certificate in Nursing Assistant	Diploma in Nursing	Diploma in Midwifery
Tuition fee	10,895.50	8,716.40	8,716.40
Boarding	5,250.00	4,600.00	4,600.00
Catering	22,260.00	17,490.00	17,490.00
Examination fee	735.00	735.00	735.00
Book fee	2,600.00	5,000.00	5,000.00
TOTAL	41,740.50	36,541.40	36,541.40

(These fees are subject to change)

Please note: All self-sponsored students are expected to sign the Fees commitment form before the commencement of the programme.

NB: The costs of the following learning resources are deducted from the book fee.

- Clinical key
- Moodle learning management system
- Data for online learning
- Workbooks and logbooks
- Hepatitis B Vaccination
- School Uniform

FINANCIAL ASSISTANCE

National Manpower Development Secretariat (NMDS)

All Basotho students can receive sponsorship to pursue their studies at Paray School of Nursing from NMDS if they meet both NMDS criteria and school's admission requirements.

Admission to Paray School of Nursing does not guarantee sponsorship by NMDS. The outcome of sponsorship rests upon NMDS sponsorship eligibility criteria.

However NMDS does not cover all the expenses incurred in the training process and the school shall therefore alert prospective students of the ensuing expectation to complement the deficit.

Bursaries

Students with bursaries should provide proof of payment through bank deposit slips to the accounts office during the registration period.

ACCOMMODATION

All admitted students are expected to reside within the school's halls of residence.

CATERING

Meals will be provided by the school. Eating from the school dining is compulsory.

STUDENT VISAS

All foreign students are expected to obtain a study permit from the Ministry of Home Affairs (Department of Immigration). It is the student's responsibility to secure a study permit from the respective offices before the commencement of training.

STUDENT IDENTIFICATION CARDS

All new students will be issued with identification cards at Paray School of Nursing. Students are expected to wear identification cards in the clinical area at all times.

MEDICAL EXAMINATIONS

All new students will undergo medical examinations during the orientation week.

These medical examinations will be conducted at Paray Mission Hospital. Female students will be tested for pregnancy and a positive test will result in the student's deferring from pursuing studies with Paray School of Nursing in accordance with the School's Admission Policy.

ORIENTATION

The purpose of the orientation program in the School of Nursing is to introduce new students to the functioning of the school, the curriculum, the staff members, academic activities, academic support services, Student Representative Council and to assist them with general adjustment to the academic and personal demands of the school. This program is done in the first two weeks of July 2024.

PROFFESIONAL CODE OF CONDUCT FOR STUDENTS

Dress code

Students are expected to dress appropriately when on duty in the hospital, health centres, and other learning places. Untidy or inappropriate clothing may offend patients, their relatives, and visitors resulting in lack of confidence in the care offered, as well as negatively affecting the public image of the School of Nursing.

Nursing students shall wear the prescribed uniform when going to the clinical area and the simulation laboratory.

DIPLOMA IN NURSING AND MIDWIFERY UNIFORM

Male Students	Female Students
White shirt	White top with collar
Navy Blue Jersey	Navy Blue Jersey
White trousers	White trousers

Flat black leather shoes	Black leather shoes with $\frac{3}{4}$ heel/block not pencil heel
Nurses watch with second hand	Panty hose
Black socks	Nurses watch with second hand
Navy Blue Jacket	White dresses or skirt (below-knee length)
	Navy Blue Jacket
Navy Blue tracksuit	Navy Blue tracksuit
Navy blue Spoty	Navy blue Spoty
T.Shirt	T.Shirt
Navy Blue woolen hat	Navy Blue woolen hat
Tekkies (of any brand and colour)	Tekkies (of any brand and colour)
Epaulettes (only obtained from school) and Diploma in Midwifery students will obtain their epaulettes from Lesotho Nursing Council (LNC) upon registration	

CERTIFICATE IN NURSING ASSISTANT

Male Students	Female Students
Blue shirt	Pink top with collar
Maroon Jersey	Maroon Jersey
White trousers	Pink trousers
Flat leather shoes	Black leather shoes with $\frac{3}{4}$ heel/block not pencil heel
Black socks	Panty hose
Nurses watch with second hand	Nurses watch with second hand
Black jackets	Pink dresses or below knee skirt
Navy Blue tracksuit	Navy Blue tracksuit
Navy blue Spoty	Navy blue Spoty
T.Shirt	T.Shirt

Navy Blue woolen hat	Navy Blue woolen hat
Tekkies (of any brand and colour)	Tekkies (of any brand and colour)

NB: Tops with collar, Trousers, tracksuits, spoty, wollen hat and Dresses will be obtained from school.

The following learning resources will be obtained from school.

Stethoscope

Manual Sphygmomanometer

Thermometer

Nurse's watch with second hand

Tape measure

Penlight

A pair of nurse's scissors

Students should acquire the following items

Laptop -A minimum of 4GB RAM, Operating System, Windows 10 upwards, Microsoft Office 2016 upwards.

Smart phone -A Minimum of 2GB RAM

Stationery which should include note books, examination pads, stapler

Pens (blue/black, red, green), pencils, rubber, ruler

Textbooks AS PER ATTACHMENT on the acceptance letter

Lunch box, cutlery, a cup or mug

Washing basin and bucket with lid

Electric iron

Pillows

Blankets

Paraffin and paraffin heaters for warming water

5 Liter non-electric kettle

BEHAVIOUR, RULES AND REGULATIONS

Students are, at all times, expected to behave in a manner appropriate to the nursing profession. Rules and regulations of the School of Nursing shall be provided to students during orientation. Any violation of these rules and regulations and the laws of Kingdom of Lesotho will lead to disciplinary action.

LIBRARY SERVICES

The School of Nursing has a functioning library that hosts more than a thousand bibliographies. Such bibliography includes: books, journals, examination question papers, and student`s research proposals and reports. The library is located in one of the first buildings of the school of nursing. The main objective of the library is to assist the school towards achievement of its vision which endeavors to be a Centre of excellence in nursing education in Lesotho.

An E-Library in the form of HINARI from WHO is available. Assistance with accessing digital books from Clinical Key nursing is available from the Librarians.

Library hours

Semester time

Weekdays : 0800 Hrs – 2100 Hrs

Saturdays : 0900 Hrs – 1200 Hrs

Sunday : CLOSED

Public Holidays & Vacations : CLOSED

Examination time

Weekdays : 0800 Hrs – 2100 Hrs

Saturday : 0800 Hrs – 1400 Hrs

Sunday : CLOSED

Public Holidays and Vacations : CLOSED

Membership

Current students of the School of Nursing, staff and members of the teaching hospital are members of the library. Membership to the library is free of charge.

Loan periods

Students may borrow up to two books from the library for a period of one week. An extension period may be granted only if the book is not in demand.

COMPUTER SERVICES

The School of Nursing hosts a lucrative state of the art computer laboratory with several desktop computers. All the computers are connected to the internet and thus allowing students to enjoy a wide array of learning opportunities. Students are also encouraged to utilize their own personal computers as wireless internet is accessible within the school campus. Wireless internet connection will be sought from IT office. The opening times of the library apply to the computer laboratory.

Use of the Computer laboratory

The ICT officer in the computer laboratory will assist students in accessing the computers and the internet. These facilities are limited and academic use takes precedence over social use. Students are expected to report any challenges they may be facing to the ICT officer on duty.

Laboratory hours

Semester time

Weekdays : 0800 Hrs – 2100 Hrs

Saturdays : 0900 Hrs – 1200 Hrs

Sunday : CLOSED

Public Holidays & Vacations : CLOSED

Examination time

Weekdays : 0800 Hrs – 2100 Hrs

Saturday : 0800 Hrs – 1400 Hrs

Sunday : CLOSED

THE SIMULATION LABORATORY

To improve learning of appropriate skills, knowledge and attitudes, the school of nursing is proud to own a state of the art simulation laboratory. In the simulation laboratory, nursing skills are practiced before the students can actually perform such skills on real patients.

The simulation laboratory has high fidelity simulators that can perform virtually most of the human functions hence enabling the nursing student to practice and gain confidence in a non-threatening environment. Simulation based learning is integrated throughout the curriculum of learning in all the programs.

Use of the simulation laboratory

Students learning from the simulation laboratory should be in full uniform. Simulators are to be treated as patients in the ward. All students entering the simulation laboratory should sign the attendance register at the entrance and report to the Clinical instructor present.

All guidelines specific to simulators and models in the simulation laboratory shall

be observed.

Operating Hours

Weekdays : 0800Hrs—1700Hrs

Public Holidays and Vacations : CLOSED

Weekends and after hours : (will be open under special request with prior arrangements to responsible person)

The SRC and class representatives have a key to access the lab for individual practice.

STUDENT SUPPORT

The School of Nursing is committed to ensure a healthy environment for its students and will pursue all avenues to this regard.

Touring services

Paray School of Nursing has employed tutors to support students in enhancing their learning. These tutors are allocated specific time slots within the timetable and also offer individualized one-on-one sessions tailored to the unique needs of each student.

Health Services

Students falling sick during their studies should notify their Supervisor, Educator, Dean of Students, Nurse-in-Charge or Wardens depending on their location at the time of illness. Medical services are offered at the Dr. Ruffin Clinic on the school campus free of charge. Opening hours are: 08: 00hrs-17: 00hrs during week days. In case of emergencies, health services are obtained from Paray Mission Hospital.

Hospital services within Paray Mission Hospital will be provided free of charge for students except when the students are admitted or receive dental services.

Students with special medical conditions that may prohibit them to partake in a variety of activities including catering services will need to provide proof of such to the Dean of Students during the orientation week for appropriate measures to be taken by the school.

Counselling services

The School of Nursing has a professional counsellor and spiritual director to offer psycho-social counselling services to students. The counsellor and the Spiritual director are accessible at any time of the semester and strict confidentiality is observed.

Sport and Recreation services

Students are supported in a variety of sporting activities in and around Paray School of Nursing. Through the Student Representative Council and the Lesotho Nursing Association-Student Chapter, the students from Paray School of Nursing participate annually in the Inter-Collaboration games held in some Schools of Nursing in Lesotho.

Sr. Marie Thomas Sports Complex has sporting facilities that include a soccer field, tennis court and netball court.

Student Representative Council (SRC)

The School of Nursing has a SRC, which co-ordinates student activities. The SRC works closely with the Dean of Students.

MODULES IN THE PROGRAMMES OFFERED BY PARAY SCHOOL OF NURSING

1. CERTIFICATE IN NURSING ASSISTANT

SEMESTER 1	SEMESTER 2
Basic Nursing I (NASS 101)	Community Health Nursing I (NASS 103)
Basic Nursing II (NASS201)	Community Health Nursing II (NASS 203)
Medical Surgical Nursing I (NASS 102)	Sexual and Reproductive Health I (NASS 104)
Medical Surgical Nursing II (NASS 202)	Sexual and Reproductive Health I (NASS 204)
Practicum (NASS 300)	Introduction to Psychology and Mental Health Nursing (NASS 205)
	Practicum (NASS 300)
SEMESTER 3	
Internship	

2. DIPLOMA IN NURSING

YEAR 1	
SEMESTER 1	SEMESTER 2
NUR 1110 Community Assessment	PSY 124 Psychology
MAP 114 Microbiology and	ANP 124 Anatomy and

Parasitology	Physiology I
SOC 114 Sociology	NUR 1212 Nursing
ETH 114 Ethics	NUR 1212 Nursing Practicum

YEAR 2	
SEMESTER 1	SEMESTER 2
PHC 2112 Primary Health Care Nursing I	MHN 224 Mental Health Nursing
PHM 214 Pharmacology I	PHM 224 Pharmacology II
ANP 216 Anatomy and Physiology II	PHC 2212 Primary Health Care II
PHC 2112 Primary Health Care Practicum	ANP 226 Anatomy and Physiology III
	PHC 2212 Primary Health Care Practicum

YEAR 3	
SEMESTER 1	SEMESTER 2
NUR 3113 Nursing	NUR 3213 Nursing
NUR 3113 Practicum	MGT 326 Management in Nursing
	NUR 3213 Practicum

3. DIPLOMA IN MIDWIFERY

SEMESTER 1	SEMESTER 2
MID 117 Antenatal care	MID 127 Neonatal Care
MID 119 Labour and Child Birth	MID 126 Post Partum Care
RES 107 Research	RES 107 Research

ASSESSMENTS

Examinations will be guided by the institution' programs of assessment, assessment policy, examination and general rules.

NB: Our curricular require that you pass the current semester examinations before proceeding to the next level.

ACCREDITATION STATUS

Paray school of nursing is an accredited higher education institution offering nursing and midwifery training. Nursing and Midwifery Programs obtained full accreditation from the Council on Higher Education (CHE) and Lesotho Nursing Council (LNC) in 2017.

Certificate, Nursing and Midwifery Programs were re-accredited and obtained full accreditation from the Council on Higher Education (CHE) in 2024.

**“Quality Health Begins with quality
Education”**

**“Bophelo Bo Botle Bo Qala Ka Thuto ea
‘Mankhonthe”**